Adult Day Health Care of Mad River
November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Nov Ham & Cheese Sandwich Tomato Basil Soup Lettuce & Tomato Bananas Tapioca Pudding	3-Nov Turkey Tetrazzini Whole Wheat Roll Watermelon	4-Nov Polenta Sausage Ragout Whole Wheat Roll Zucchini Diced Peaches	5-Nov Pork Loin Scalloped Potatoes Fruit Cocktail Rye Bread	6-Nov Sloppy Joes Jo Jos Coleslaw Strawberries and Bananas
9-Nov Combination Pizza Cucumber Salad Blushing Pears	10-Nov Lasagna Green Beans w/ Pizzaz Garlic Bread Lemon Meringue Pie Melon Medley	11-Nov Cheese Burgers French Fries Lettuce &Tomatoes Watermelon	12-Nov Egg Salad Sandwich Minestrone Lettuce & Tomato Fruit Cocktail	13-Nov Panko Tilapia Scalloped Potatoes Diced Peaches Whole Wheat Roll Lemon & Tartar
16-Nov Salisbury Steak Potatoes Au Gratin Diced Peaches Whole Wheat Roll	17-Nov Meatball Sandwich Strawberries & Bananas Jo Jos	18-Nov Baked Chicken Mashed Potatoes Watermelon Whole Wheat Roll	19-Nov Roast Beef & Cheese Sandwich Tomato Basil Soup Lettuce & Tomato Melon Medley	20-Nov Shepherds Pie Apricots Whole Wheat Roll
23-Nov Pork Loin Roasted Potatoes Applesauce Whole Wheat Roll Gravy	24-Nov Turkey Stuffing Green Bean Casserole Pumpkin Pie Whole Wheat Roll	25-Nov Baked Ham Scalloped Potatoes Hawaiian Roll Glazed Carrots Lemon Meringue Pie	26-Nov Happy Thanksgiving!!!	27-Nov Closed
30-Nov Kahlua Pork Udon Noodles Whole Wheat Roll Fruit Cocktail				

If you don't like what is on the menu please bring a lunch.

Thank you!

When available meals are served with fresh fruits and vegetables from Mad River Hospitals farm.

"This Institute is an Equal Oppurtunity Provider"

*Gluten Free options available
**Extra starch available as desired
***All meals served with unflavored low fat 1% milk
****Small Servings (1/2 portions) are available upon request excluding protein source